



# FOCUS

**To direct your attention or effort  
at something specific.**

*I WILL show Focus by:*

- 1. Keeping my eyes on what is important.*
- 2. Actively listening to others.*
- 3. Eliminating distractions and things that might get me off track.*
- 4. Learning to control my body's actions.*
- 5. Learning to set goals and achieve them.*

Seek first the kingdom of God  
and His righteousness, and all  
these things will be given to you  
as well.      - Matthew 6:33