

Chi-Tu Do (Warriors & Adults)

Required Reading List

Amazon Price (as of Jan 2017)

For Orange Belt (Read it while you are a White Belt):

God is a Warrior, I am a Warrior: Understanding the Martial Aspects... Paperback \$11.99
by Brian Cummings, 2013, CreateSpace Indep. Publish. Not Yet Available on Kindle

For Purple Belt (Read it while you are an Orange Belt):

Bulletproof: The Making of an Invincible Mind Paperback \$13.99
by Chuck Holton, 2005, Multnomah Books Available on Kindle \$11.99

For Green Belt (Read it while you are a Purple Belt):

Fighting Science: The Laws of Physics for Martial Artists Paperback \$15.25
by Martina Sprague, 2002, Turtle Press Not Available on Kindle

For Blue Belt (Read it while you are a Green Belt):

Verbal Judo: The Gentle Art of Persuasion Paperback \$12.07
by George Thompson, 2004, Harper Collins Available on Kindle \$9.99

For Brown Belt (Read it while you are a Blue Belt):

Sharpening the Warrior's Edge: The Psychology & Science of Training Paperback \$32.62
by Bruce K. Siddle, 1995, PPCT Research Publications Not Available on Kindle

For Black Belt (Read it while you are a Brown Belt):

Deadly Karate Blows: The Medical Implications Paperback \$5.09
by Brian Adams, Reprinted 2005, Unique Publications Not Available on Kindle

For 2nd Degree Black Belt:

The Art of War: The Definitive Interpretation... Paperback \$10.26
by Stephen F. Kaufman, 1996, Tuttle Publishing Available on Kindle \$9.39

Musashi's Book of 5 Rings: The Definitive Interpretation...

by Stephen F. Kaufman, 1994, Tuttle Publishing Paperback \$10.86
Available on Kindle \$9.39

For 3rd Degree Black Belt:

The 21 Irrefutable Laws of Leadership Hardcover \$18.08
by John C. Maxwell, Revised 2007, Thomas Nelson Available on Kindle \$14.29

Developing the Leader Within You

by John C. Maxwell, 2005, Thomas Nelson Paperback \$12.68
Available on Kindle \$9.89

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